

Prevention of Physician Suicide a Coach's Role

When: February 12, 2020 Noon–1:00 pm EST

Where: GotoWebinar To register click here:

<https://attendee.gotowebinar.com/register/151011729060717581>

Presenter:

Amy M. Garcia, M.D
Associate Professor of Pediatrics
Assistant Dean of Student Affairs
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CME CREDIT OPPORTUNITIES:

DO PHYSICIANS—The West Virginia School of Osteopathic Medicine is accredited by the American Osteopathic Association to sponsor continuing medical education for physicians. This program is Category AOA 1-A.

MD PHYSICIANS—WVSOM will send a certificate of completion after a posttest has been successfully completed. MD physicians can submit this to the ACCMC for 1 hour of category 1 CME.

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Description:

Wellness has been a hot topic in medical education for the past several years with physician suicide and burnout being at the heart. As we are working with trainees, it is important to be responsive to these issues and develop strategies to ensure awareness and appropriate handling of these issues. Therefore, this 1 hour session will provide an opportunity for discussion about physician and trainee suicide and explore the experiences from another institution (Oregon Health and Science University) who has pioneered a successful framework at their institution in the last few years. Some practical ideas for addressing these issues will be provided. There will be an opportunity to brainstorm and envision different ways that West Virginia School of Osteopathic Medicine might integrate some of this training into practice for learners and staff.

Learning Objectives:

- Define suicide as a physician problem
- List the different potential roles we all have in prevention
- Identify the different risks for suicide that may exist
- Identify a strategy to use when speaking to a suicidal student
- Review the resources available at West Virginia School of Osteopathic Medicine
- Identify potential next steps forward

Bio:

Amy M. Garcia, M.D.

Dr. Garcia was born and raised in the small border town of Deming, New Mexico where she grew up with her parents and large extended family. After graduating from Deming High, she went on to attend the University of New Mexico where she received her undergraduate degree in Biochemistry. She went on to attain a Master's of Science in Biology with emphasis in immunotoxicology from the New Mexico Institute of Mining and Technology in 2001. She then returned to University of New Mexico for her Medical Doctorate that she completed in 2006 and, then subsequently, stayed on for her Pediatric Residency. It was at that point that she left New Mexico and went on to complete her fellowship in Pediatric Gastroenterology in 2012 from Washington University in St. Louis. She has been a faculty member of the Department of Pediatrics at Oregon Health & Science University (OHSU) since July 2012. She developed and ran the GI portion of the Hormones and Digestion Block for medical students from 2014-2018. Most recently, she took on the role of Assistant Dean of Student Affairs for the OHSU SOM in August 2018. In that role, she has had an opportunity to maintain and develop the coaches and colleges program as well as initiate and roll out a diversity navigator program. She has a passion for teaching and mentoring students.